



NOURISH - INCLUSION CRITERIA

Participants must adhere to the following criteria:

- a. Young adults aged 18-25 (with possibility of extending to 16-17 after delivering a few training programmes)
- b. From low income contexts
- c. Not in education/training/ employment (or low employment)
- d. Able to move around the kitchen working environment.
- e. Have conversational English
- f. Have an interest in food/hospitality
- g. Have an interest in the programme
- h. Be available and thought to be able to complete the whole programme duration/timings during initial assessment stage.
- i. Have a right to work in UK

..and also be facing one or more of the following disadvantages:

- Living in council supported housing.

- Limited Formal Educational Background or limited vocational training
(Limited = those who have not completed secondary, have low grades in secondary, or have not successfully completed alternative educational routes).
- Living in unstable housing conditions.
- Dealing with a low to medium level of mental health issues
- Some level of learning difficulty who may require additional support.
- Have a criminal record who are seeking reintegration into society.
- Caregivers for family members.
- Have grown up within the care system.
- Have fled their home countries due to persecution or conflict, but who now have a right to work.
- Those who have dealt with substance abuse issues, and are on a journey towards rehabilitation and reintegration.

NOURISH - EXCLUSION CRITERIA

(these form an addition to any relevant opposing statements within the 'inclusion' criteria)

1. Posing high levels of risk, e.g. significant mental health challenges or addictions
2. Active in criminal activity
3. Street Homeless
4. Over-qualified, by experience or education
5. Needs could be better met elsewhere

Updated March 2024

Bridget Callaghan (CEO) – on behalf of the board of trustees.